

| Time Slot | MONDAY    |                               | Time Slot | TUESDAY   |                   | Time Slot | WEDNESDAY |                   | Time Slot | THURSDAY  |                               | Time Slot | FRIDAY            |             | Time Slot  | SATURDAY  |              | Time Slot | SUNDAY    |           |
|-----------|-----------|-------------------------------|-----------|-----------|-------------------|-----------|-----------|-------------------|-----------|-----------|-------------------------------|-----------|-------------------|-------------|------------|-----------|--------------|-----------|-----------|-----------|
|           | Canning   | Acadia                        |           | Kentville | Canning           | Acadia    | Kentville | Canning           |           | Canning   | Acadia                        |           | Kentville         | Canning     | West Hants | Kentville | Canning      | Acadia    | Kentville | Canning   |
| 4:30 pm   |           |                               | 4:30 pm   |           |                   | 4:30 pm   |           |                   | 4:30 pm   |           |                               | 4:30 pm   | 4:30-5:20         |             |            | 7:00 am   |              |           | 7:00 am   |           |
| 4:40 pm   |           |                               | 4:40 pm   |           |                   | 4:40 pm   |           |                   | 4:40 pm   |           |                               | 4:40 pm   | U9 ADVANCING      | 4:30-5:20   |            | 7:10 am   |              |           | 7:10 am   |           |
| 4:50 pm   |           |                               | 4:50 pm   |           |                   | 4:50 pm   |           |                   | 4:50 pm   |           |                               | 4:50 pm   | PRACTICE          | VACANT AMHA |            | 7:20 am   |              |           | 7:20 am   |           |
| 5:00 pm   |           | 5:00-5:50                     | 5:00 pm   |           | 5:00-5:50         | 5:00 pm   | 5:00-5:50 | U9 ADVANCING      | 5:00 pm   |           |                               | 5:00 pm   |                   |             |            | 7:30 am   | 7:20-8:10    |           | 7:30 am   | 7:30-8:20 |
| 5:10 pm   |           |                               | 5:10 pm   |           |                   | 5:10 pm   |           |                   | 5:10 pm   | 5:10-6:00 |                               | 5:10 pm   |                   |             |            | 7:40 am   | QUICKSTART 1 |           | 7:40 am   |           |
| 5:20 pm   | 5:20-6:10 | REFER TO DEVELOPMENT SCHEDULE | 5:20 pm   |           |                   | 5:20 pm   |           |                   | 5:20 pm   | U11 A     |                               | 5:20 pm   |                   |             |            | 7:50 am   |              |           | 7:50 am   |           |
| 5:30 pm   | U11 A     |                               | 5:30 pm   |           | U9 1 INTERMEDIATE | 5:30 pm   |           |                   | 5:30 pm   |           |                               | 5:30 pm   | 5:30-6:20         | 5:30-6:20   |            | 8:00 am   |              |           | 8:00 am   |           |
| 5:40 pm   |           |                               | 5:40 pm   |           | PRACTICE          | 5:40 pm   |           |                   | 5:40 pm   |           |                               | 5:40 pm   | U9 1 INTERMEDIATE | U13 C       |            | 8:10 am   |              |           | 8:10 am   |           |
| 5:50 pm   | PRACTICE  |                               | 5:50 pm   |           |                   | 5:50 pm   |           |                   | 5:50 pm   |           |                               | 5:50 pm   | PRACTICE          | PRACTICE    |            | 8:20 am   |              |           | 8:20 am   |           |
| 6:00 pm   |           | 6:00-6:50                     | 6:00 pm   |           | 6:00-6:50         | 6:00 pm   |           |                   | 6:00 pm   |           |                               | 6:00 pm   |                   |             |            | 8:30 am   |              |           | 8:30 am   |           |
| 6:10 pm   |           | IP                            | 6:10 pm   |           |                   | 6:10 pm   |           |                   | 6:10 pm   |           |                               | 6:10 pm   |                   |             |            | 8:40 am   |              |           | 8:40 am   |           |
| 6:20 pm   | 6:20-7:10 |                               | 6:20 pm   |           | U9 C              | 6:20 pm   |           |                   | 6:20 pm   | 6:10-7:00 |                               | 6:20 pm   |                   |             |            | 8:50 am   |              |           | 8:50 am   |           |
| 6:30 pm   |           |                               | 6:30 pm   |           |                   | 6:30 pm   |           |                   | 6:30 pm   |           |                               | 6:30 pm   |                   |             |            | 9:00 am   |              |           | 9:00 am   |           |
| 6:40 pm   | U11 AA    | PRACTICE                      | 6:40 pm   |           | PRACTICE          | 6:40 pm   |           | 6:30-7:20         | 6:40 pm   | U11 AA    | 6:30-7:20                     | 6:40 pm   | 6:30-7:20         | 6:30-7:20   |            | 9:10 am   |              |           | 9:10 am   |           |
| 6:50 pm   | PRACTICE  |                               | 6:50 pm   |           |                   | 6:50 pm   |           | U9 2 INTERMEDIATE | 6:50 pm   |           | REFER TO DEVELOPMENT SCHEDULE | 6:50 pm   | U9 2 INTERMEDIATE | U15 A       |            | 9:20 am   |              |           | 9:20 am   |           |
| 7:00 pm   |           |                               | 7:00 pm   |           |                   | 7:00 pm   |           |                   | 7:00 pm   |           |                               | 7:00 pm   | PRACTICE          | PRACTICE    |            | 9:30 am   |              |           | 9:30 am   |           |
| 7:10 pm   |           |                               | 7:10 pm   |           | 7:00-7:50         | 7:10 pm   |           |                   | 7:10 pm   |           |                               | 7:10 pm   |                   |             |            | 9:40 am   |              |           | 9:40 am   |           |
| 7:20 pm   | 7:20-8:10 |                               | 7:20 pm   |           | U13AA             | 7:20 pm   |           |                   | 7:20 pm   | 7:10-8:00 |                               | 7:20 pm   |                   |             |            | 9:50 am   |              |           | 9:50 am   |           |
| 7:30 pm   |           |                               | 7:30 pm   |           | PRACTICE          | 7:30 pm   |           |                   | 7:30 pm   | U13A      |                               | 7:30 pm   |                   |             |            | 10:00 am  |              |           | 10:00 am  |           |
| 7:40 pm   | U13 A     |                               | 7:40 pm   |           |                   | 7:40 pm   |           | 7:30-8:20         | 7:40 pm   | PRACTICE  | 7:30-8:20                     | 7:40 pm   | 7:30-8:20         | U13 AA      |            | 10:10 am  |              |           | 10:10 am  |           |
| 7:50 pm   | PRACTICE  |                               | 7:50 pm   |           | U15A              | 7:50 pm   |           |                   | 7:50 pm   |           |                               | 7:50 pm   | U13 AA            |             |            | 10:20 am  |              |           | 10:20 am  |           |
| 8:00 pm   |           |                               | 8:00 pm   |           |                   | 8:00 pm   |           |                   | 8:00 pm   |           |                               | 8:00 pm   | PRACTICE          |             |            | 10:30 am  |              |           | 10:30 am  |           |
| 8:10 pm   |           |                               | 8:10 pm   | 8:00-8:50 | 8:00-8:50         | 8:10 pm   |           |                   | 8:10 pm   |           |                               | 8:10 pm   |                   |             |            | 10:40 am  |              |           | 10:40 am  |           |
| 8:20 pm   |           |                               | 8:20 pm   | U15 AA    | U15C              | 8:20 pm   |           |                   | 8:20 pm   |           |                               | 8:20 pm   |                   |             |            | 10:50 am  |              |           | 10:50 am  |           |
| 8:30 pm   | 8:20-9:10 |                               | 8:30 pm   | PRACTICE  | PRACTICE          | 8:30 pm   |           |                   | 8:30 pm   |           |                               | 8:30 pm   |                   |             |            | 11:00 am  |              |           | 11:00 am  |           |
| 8:40 pm   | U18 A     |                               | 8:40 pm   |           |                   | 8:40 pm   |           | 8:30-9:20         | 8:40 pm   |           |                               | 8:40 pm   |                   |             |            | 11:10 am  |              |           | 11:10 am  |           |
| 8:50 pm   | PRACTICE  |                               | 8:50 pm   |           |                   | 8:50 pm   |           | U18 A             | 8:50 pm   |           |                               | 8:50 pm   |                   |             |            | 11:20 am  |              |           | 11:20 am  |           |
| 9:00 pm   |           |                               | 9:00 pm   |           | 9:00-9:50         | 9:00 pm   |           |                   | 9:00 pm   |           |                               | 9:00 pm   |                   |             |            | 11:30 am  |              |           | 11:30 am  |           |
| 9:10 pm   |           |                               | 9:10 pm   |           | U18C              | 9:10 pm   |           |                   | 9:10 pm   |           |                               | 9:10 pm   |                   |             |            | 11:40 am  |              |           | 11:40 am  |           |
| 9:20 pm   |           |                               | 9:20 pm   |           | PRACTICE          | 9:20 pm   |           |                   | 9:20 pm   |           |                               | 9:20 pm   |                   |             |            | 11:50 am  |              |           | 11:50 am  |           |
| 9:30 pm   |           |                               | 9:30 pm   |           |                   | 9:30 pm   |           |                   | 9:30 pm   |           |                               | 9:30 pm   |                   |             |            | 12:00 pm  |              |           | 12:00 pm  |           |
| 9:40 pm   |           |                               | 9:40 pm   |           |                   | 9:40 pm   |           |                   | 9:40 pm   |           |                               | 9:40 pm   |                   |             |            | 12:10 pm  |              |           | 12:10 pm  |           |
| 9:50 pm   |           |                               | 9:50 pm   |           |                   | 9:50 pm   |           |                   | 9:50 pm   |           |                               | 9:50 pm   |                   |             |            | 12:20 pm  |              |           | 12:20 pm  |           |
| 10:00 pm  |           |                               | 10:00 pm  |           |                   | 10:00 pm  |           |                   | 10:00 pm  |           |                               | 10:00 pm  |                   |             |            | 12:30 pm  |              |           | 12:30 pm  |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 12:40 pm  |              |           | 12:40 pm  |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 12:50 pm  |              |           | 12:50 pm  |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:00 pm   |              |           | 1:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:10 pm   |              |           | 1:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:20 pm   |              |           | 1:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:30 pm   |              |           | 1:30 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:40 pm   |              |           | 1:40 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 1:50 pm   |              |           | 1:50 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:00 pm   |              |           | 2:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:10 pm   |              |           | 2:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:20 pm   |              |           | 2:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:30 pm   |              |           | 2:30 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:40 pm   |              |           | 2:40 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 2:50 pm   |              |           | 2:50 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:00 pm   |              |           | 3:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:10 pm   |              |           | 3:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:20 pm   |              |           | 3:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:30 pm   |              |           | 3:30 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:40 pm   |              |           | 3:40 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 3:50 pm   |              |           | 3:50 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:00 pm   |              |           | 4:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:10 pm   |              |           | 4:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:20 pm   |              |           | 4:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:30 pm   |              |           | 4:30 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:40 pm   |              |           | 4:40 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 4:50 pm   |              |           | 4:50 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:00 pm   |              |           | 5:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:10 pm   |              |           | 5:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:20 pm   |              |           | 5:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:30 pm   |              |           | 5:30 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:40 pm   |              |           | 5:40 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 5:50 pm   |              |           | 5:50 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 6:00 pm   |              |           | 6:00 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 6:10 pm   |              |           | 6:10 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 6:20 pm   |              |           | 6:20 pm   |           |
|           |           |                               |           |           |                   |           |           |                   |           |           |                               |           |                   |             |            | 6:30 pm   |              |           | 6:30 pm   |           |